

# I want to stop playing Fantasy...

If you wish to stop your participation in the NRL Fantasy competition, you can do the following:

1. Do nothing. If you stop logging in, your team will go on, but you are not really playing anymore.
2. If a league you are in has not started, you can leave the league by clicking the **Leave** button on the Settings page for a particular league. Get there by clicking **Leagues** in the main navigation, then the > next to the league in question, then **Settings** from the sub-navigation menu.
3. If a league you are in has started, you are not able to leave the league as it may cause issues with other players in the league.

You can also [contact us](#) if you would like to delete your NRL Account. Deleting your NRL Account will have the impacts listed below. You can still keep your NRL Account and stop playing Fantasy.

If you delete your NRL Account, this will have an impact on your experience on the Digital Network such as:

- you will likely lose the link to your Fantasy game history.
- you will be unable to access Inside Pass content (for example: press conferences, match replays, extended highlights, etc)
- you will be unable to access exclusive features on the NRL App (such as the My Club tab which is a shortcut to your favourite club's latest news, stats, players, etc).

Click [here for more information on the impacts of deleting your NRL Account](#).

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## FAQs & Troubleshooting

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- [Fantasy Coach](#)
- [Fantasy Draft - Trades, Player Values and Scores](#)
- [Fantasy Only - Trades, Player Value and Positions](#)
- [I am being asked to verify my NRL Account and I have not received the email...](#)
- [I am blocked from watching video in my country](#)
- [I am not receiving my Reset Password email for NRL Account](#)

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- [Make an NRL Content Services \(Film & Photos\) Request](#)
- [NRL Rate Card - Match Vision and Photos](#)
- [NRL TV - Live and On Demand](#)
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